



**TIGERS**

**2019-2020 EXTRA-CURRICULAR  
HANDBOOK**

**<GUIDELINES FOR STUDENT & PARENT>**

**ELECTRONIC HANDBOOK AVAILABLE ON:**

**[WWW.CIRCLEVILLEATHLETICS.COM](http://WWW.CIRCLEVILLEATHLETICS.COM)**

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## **MISSION STATEMENT**

The Circleville Board of Education and Athletic Department support the role of student activity in extra-curricular programs as part of a well-rounded educational program. While we promote excellence for all staff and students, it is our goal to provide opportunities to explore and develop a broad range of talents and interests. We believe these activities serve as an extension of the classroom and compliment the education of the student-athlete in ways not provided by the basic curriculum.

Extra-curricular activities at Circleville City Schools include participation in athletics, school clubs and activities, class plays, choral groups, band, cheerleading, publications and organizations, and serving as class and club officers. Interscholastic sports provide key components to the development of students such as leadership, character, dedication, sportsmanship, and teamwork.

Participation in ANY of the extra-curricular activities is a privilege, not a right. Therefore, students must meet certain minimal standards to retain their membership. Participants must follow the student code of conduct. Students who violate the code may be denied the privilege of participation by the coach, advisor, or administration. In general, students who participate in extra-curricular activities are expected to conduct themselves as good, positive citizens of the school and community.



## LEAGUE / DISTRICT INFORMATION

Circleville High School is a member of the Ohio High School Athletic Association. The rules and regulations developed by the OHSAA are designed to protect fair play and promote sportsmanship while ensuring the safety and welfare of all student-athletes. Circleville High School agrees to abide by and cooperate with all rules and regulations set forth by the OHSAA.



**Nickname:** Tigers

**Colors:** Red & Black

**Alma Mater:** "The Red and the Black"

**League:** Mid-State League (Buckeye Division)

Buckeye Division Schools - Logan Elm, Teays Valley, Bloom Carroll,  
Fairfield Union, Amanda-Clearcreek, Hamilton Township, Liberty Union

**District:** Southeast District

**School Board Members:** Todd Stevens, Amy Delong, Patty Rothe,  
Tony Reeser, Andrea Tipping

**Superintendent:** Jonathan Davis

**Assistant Superintendent:** Kyle Urhrig

**High School:** Principal – Chris Thornsley  
Assistant Principal- Vicki Scott  
Athletic Director – Chad Spradlin  
CHS Office – (740) 474-4846  
CHS Fax – (740) 474-3987

**Middle School:** Principal – Kevin Fox  
Assistant Principal– Chad Michael  
Athletic Director- Chad Spradlin  
CMS Office – (740)474-2345  
CMS Fax – (740) 474-6684

## Circleville High School Sports by Season:

### FALL

Boys Golf  
Girls Golf  
Boys Soccer  
Girls Soccer  
Volleyball  
Football  
Girls Cross Country  
Boys Cross Country  
Girls Tennis

### WINTER

Boys Basketball  
Girls Basketball  
Wrestling  
Swimming  
Boys Bowling  
Girls Bowling

### SPRING

Baseball  
Softball  
Boys Track  
Girls Track  
Boys Tennis



### Fight Song

Fight the team across the field  
show them we are here. Set the earth reverberating with a mighty cheer...Rah, Rah,  
Rah! (C, H, S)

Hit them hard and see how they fall. Never let that team get the ball. Hail, Hail, the  
gang's all here and we're in for a fight tonight.

### Alma Mater

Although Yale has always favored  
the violets dark blue,  
And the gentle sons of Harvard  
to the crimson rose are true,  
We will own the lilies slender nor  
honor shall they lack,  
While the Tiger stands defender of  
the Red and the Black

## HEAD COACH INFORMATION

### Fall

Football	Luke Katris	<a href="mailto:luke.katris@cvcasd.com">luke.katris@cvcasd.com</a>
Boys Soccer	Steve Wastier	<a href="mailto:stephen.wastier@cvcasd.com">stephen.wastier@cvcasd.com</a>
Girls Soccer	Joe Stitt	<a href="mailto:joseph.stitt@cvcasd.com">joseph.stitt@cvcasd.com</a>
Volleyball	Danielle Perkins	<a href="mailto:danielle.wipert@cvcasd.com">danielle.wipert@cvcasd.com</a>
Cross Country		
Girls Tennis		
Boys Golf	Luke McConnell	<a href="mailto:luke.mcconnell@cvcasd.com">luke.mcconnell@cvcasd.com</a>
Girls Golf	Eric Evans	<a href="mailto:eric.evans@cvcasd.com">eric.evans@cvcasd.com</a>
Cheerleading	Megan Hoffman	<a href="mailto:megan.hoffman@cvcasd.com">megan.hoffman@cvcasd.com</a>

### Winter

Boys Basketball	Tyler Cassidy	<a href="mailto:tyler.cassidy@cvcasd.com">tyler.cassidy@cvcasd.com</a>
Girls Basketball	Steve Kalinoski	<a href="mailto:steve.kalinoski@cvcasd.com">steve.kalinoski@cvcasd.com</a>
Wrestling	Trent Brooks	tbrooks@cwls.us
Bowling	Angela Hixon	<a href="mailto:angela.hixon@cvcasd.com">angela.hixon@cvcasd.com</a>

### Spring

Baseball	Brian Bigam	brian.bigam@cvcasd.com
Softball	Dave Truex	<a href="mailto:dave.truex@cvcasd.com">dave.truex@cvcasd.com</a>
Boys Track		
Girls Track	Brian Lennex	brian.lennex@cvcasd.com
Boys Tennis		

# **FUNDAMENTALS OF GOOD SPORTSMANSHIP**

The OHSAA and its member schools emphasize the importance of GOOD SPORTSMANSHIP. The one thing we need to realize is that many people have not had GOOD SPORTSMANSHIP explained to them. Hopefully the following will help everyone to understand their responsibilities at an athletic contest.

## **1. GAIN AN UNDERSTANDING AND APPRECIATION FOR THE RULES OF THE CONTEST.**

The necessity to be well informed is essential. Know the rules. If you are uninformed, refrain from expressing opinions on the officials, coaches, or administrative decisions. The spirit of GOOD SPORTSMANSHIP depends on conformance to rules intent as well as to the letter of a given rule.

## **2. EXERCISE REPRESENTATIVE BEHAVIOR AT ALL TIMES.**

A prerequisite to GOOD SPORTSMANSHIP requires one to understand his/her own prejudices that may become a factor in his/her behavior. The true value of interscholastic competition relies upon everyone exhibiting behavior which is representative of a sound value base. A proper perspective must be maintained if the educational values are to be realized. Your behavior influences others whether you are aware of it or not.

## **3. RECOGNIZE AND APPRECIATE SKILLED PERFORMANCES REGARDLESS OF AFFILIATION.**

Applause for an opponent's good performance displays generosity and is a courtesy that should be regularly practiced. This not only represents GOOD SPORTSMANSHIP but reflects a true awareness of the game by recognizing and acknowledging quality.

## **4. EXHIBIT RESPECT FOR THE OFFICIALS.**

The officials of any contest are impartial arbitrators who are trained and who perform to the best of their ability. Mistakes by all those involved in the contests are a part of the game. We should not rationalize our own poor or unsuccessful performance or behavior by placing responsibility on an official. The rule of GOOD SPORTSMANSHIP is to accept and abide by the decision made. This value is critical for students to learn for later application in life.

## **5. DISPLAY OPENLY A RESPECT FOR THE OPPONENT AT ALL TIMES.**

Opponents are guests and should be treated cordially, provided with the best accommodations, and accorded tolerance at all times. Be a positive representative for your school, team, or family. This fundamental is the Golden Rule in action.

## **6. DISPLAY PRIDE IN YOUR ACTIONS AT EVERY OPPORTUNITY.**

Never allow your ego to interfere with good judgment and your responsibility as a school representative. Regardless of whether you are an adult, student, player, coach, or official, this value is paramount since it suggests that you care about yourself and how others perceive you.

## **SPORTSMANSHIP IS EVERYONE'S RESPONSIBILITY**

The Circleville City Schools Athletic Department believes that interscholastic competition involving member schools of the Ohio High School Athletic Association should be governed by the basic principles of good sportsmanship. This document has been prepared to insure that all participants have a common understanding of those basic principles.

***We believe that good sportsmanship is more important than winning.*** We believe that students should be coached to play to the best of their ability and to understand that to play well is to play honorably. The promotion of sportsmanship is the obligation of all school personnel (principals, athletic directors and coaches) and is directed to the behavior of spectators, coaches, and players. An additional component to consider is coaches' ethics. We believe the development of good sportsmanship through the practice of ethical behavior and moral reasoning is one of the acknowledged objectives of interscholastic athletics. We therefore expect school administrators, coaches, athletes, cheerleaders, and spectators to know and embrace the following fundamentals of sportsmanship.

- Respect shall be demonstrated for an athletic opponent and for their school at all times. Circleville shall treat visiting teams and their supporters as guests and accord them the consideration all human beings deserve. Visiting schools should respect the property and dignity of their host school and its athletic teams.
- Respect shall be demonstrated for the officials at all times. Officials must be perceived to be and accepted as impartial arbiters who are trained to do their job and can be expected to do the job to the best of their ability.
- Knowledge of and a proper respect for the current rules of the contest should guide the behavior of all participants. Rules are essential for a fair contest. Good sportsmanship suggests the importance of conforming to the spirit as well as the "letter" of the rules.
- All participants shall strive to maintain self-control at all times. The desire to win shall not be accepted as a reason for abandoning rational behavior. A proper perspective must be maintained by all if the potential educational values of athletic competition are to be realized.
- All participants shall learn to recognize and appreciate skill in performance regardless of affiliation. Recognition of the good performance of an opponent is a demonstration of generosity and good will that is encouraged in all member schools. In order for good sportsmanship to prevail, it is essential that all participants understand their individual responsibilities and expected behavior before, during, and after contests.



# **EXPECTATION OF STUDENT ATHLETES, PARENTS, AND COACHES**

## **COACHES**

- Exemplify the highest moral character, behavior, integrity, sportsmanship and leadership skills while overseeing student-athletes.
- Set a good example for student-athletes, parents, and fans to follow.
- Respect the judgment of officials and treat them with respect.
- Display modesty in victory and graciousness in defeat not only with student-athletes, but also with the public and media.
- Teach sportsmanship to the student-athletes.
- Clearly communicate to all members (athletes/parents) in your program- expectations, rules, scheduling, and communication procedures.

## **PARENTS**

- Know your child's limitations and encourage them to make the best of their abilities. Accept her/his role on the TEAM.
- Be positive with your child even if your child isn't in the starting lineup. Motivate and encourage your child.
- Support the coaching staff. Your child will not perform to his/her fullest if they hear negative comments about the coach. The coach represents authority. Be supportive of a coach's rules, philosophies, playbook, etc.
- Treat each player as if he/she is your own.
- Be a good role model.
- Monitor your child's grades. Insist that your child study and earn good grades.
- Monitor your child's social activities - friends, hangouts, curfew, language, rules and so on. Talk to your child about drugs, alcohol, and tobacco use. Encourage your child to make the right choices.
- Let your child play because he/she loves the game.

- Trust the coaches to maximize the potential of your child.
- Treat opposing coaches, fans, players, administrators with respect.
- Refrain from any negative participation in social media regarding fans, student-athletes, officials, staff, administration, and community (ourselves and opponents).

### **STUDENT-ATHLETES**

- Understand the policies laid out in this document are in effect at all times
- Adhere to all CCS policies regarding both school and extra-curricular activities.
- Follow team/program rules set by coach/advisor.
- Recognize participation is a privilege, not a right.
- Set challenging goals.
- Maintain high standards in classroom, the community, and in activity.
- Be committed to team/sport/group.
- Make appropriate sacrifices for the good of the group/team.
- Develop work ethic, goal setting, leadership, and teamwork skills.

### **STUDENT CONDUCT AT ATHLETIC EVENTS**

Students attending contests involving Circleville High School teams are expected to follow the school's student handbook guidelines at all times. Students are encouraged to cheer for our athletic teams, not against our opponents. (Go Tigers!) Students failing to abide by the guidelines of good sportsmanship may be asked to leave the event and run the risk of losing the privilege of attending future athletic events. In addition to possible removal, students in violation of the above may be subject to disciplinary action upon their return to school following the event where the infraction occurred.

## **EXTRA-CURRICULAR ACTIVITY SPECTATOR CODE OF CONDUCT**

Circleville City Schools promotes interscholastic events and sportsmanship. Sportsmanship and courtesy are an essential part of any athletic competition or extra-curricular event and is expected from athletes, coaches, officials and all spectators in attendance. As a fan/spectator (student or adult) of Circleville City Schools, you are to be an example of positive encouragement while supporting our students, athletes, coaches and officials. Our behavior should be positive, respectful and encouraging of all involved in the extra-curricular event taking place.

Failure to be an example of these practices and/or ejection from an athletic contest or any other extracurricular event will result in the following procedures to be taken:

**First Offense** – The spectator will schedule a meeting with either the Principal or athletic director with resulting action that may include removal from the next two home athletic contests of the same sport or future extra-curricular events related to the ejection. A letter will be sent by the Principal and/or Athletic Director to the spectator in question notifying them of the ejection and the possible future dates of ejection.

**Second Offense** – The spectator will be removed from all home athletic contests and other school events and activities for the remainder of the season of the infraction. A letter of ejection will be sent from the office of the Principal notifying the spectator of the remainder of the season ejection.

**Third Offense** – The spectator will be removed from all home Circleville City Schools athletic contests and other school events and activities for the remainder of the school year. A letter of ejection will be sent from the office of the Superintendent notifying the spectator of the ejection.

Any athletic official, including but not limited to, contest officials, athletic director, principal, assistant principals, game site supervisors and anyone else in an administrative role on the site, may uphold enforcement of an ejection.

School/District Administrators reserve the right to enact harsher penalties if it is felt the spectator's actions warrant them to do so and/or if the spectator in question has exhibited a pattern of disruptive behavior in the past.

# **THE CIRCLEVILLE BOARD OF EDUCATION POLICY**

## **2431 - INTERSCHOLASTIC ATHLETICS**

The Board of Education recognizes the value to the students of the District and to the community of a program of interscholastic athletics for students as an integral part of the total school experience.

The program should foster the growth of school loyalty within the student body as a whole and stimulate community interest in athletics.

The game activities and practice sessions should provide many opportunities to teach the values of competition and good sportsmanship.

The program of interscholastic athletics should provide students the opportunity to exercise and test their athletic abilities in a context greater and more varied than that which can be offered by a school or the School District alone. It should also offer an opportunity for career and educational development.

For purposes of this policy, the program of interscholastic athletics shall include all activities relating to competitive sport contests, games, events, or sport exhibitions involving individual students or teams of students of this District with those of another district.

The Board shall approve annually a program of interscholastic athletics.

The Board shall determine the standards of eligibility to be met by all students participating in the interscholastic program. Such standards shall require that each student be in good physical condition, be free of injury, and have fully recovered from illness before participating in any interscholastic athletic event.

No student may practice or compete in interscholastic athletics until the student submits a form signed by his/her parent or guardian, or by a person having care or charge of the student, affirming that each has received a concussion and head injury information sheet as prepared by the Ohio Department of Health. See Form 2431 F1 and Form 2431 F2.

In addition to the eligibility requirements established by the Ohio High School Athletic Association, to be eligible for any interscholastic extra-curricular activity, a student must meet the requirements outlined in the District's extracurricular handbook.

Students educated at home or enrolled in a nonpublic school who are permitted to participate on a District interscholastic team must fulfill the same academic, nonacademic, and financial requirements as any other participant. See Policy [9270](#).

Students identified as disabled under R.C. 3323 and the IDEA are subject to the eligibility standards established by this policy unless specifically exempted by the express terms of their individualized education program (IEP). An IEP can specify the criteria by which a grade will be determined for (a) course(s), given the student's individualized disability.

Since the primary purpose of the athletic program is to enhance the education of participating students as indicated in this policy, the Board places top priority on maximum student participation and the values of good sportsmanship and fair play.

The Board further adopts those eligibility standards set by the Constitution of the Ohio High School Athletic Association (OHSAA) that are consistent with State and Federal law, and shall review such standards annually to ascertain that they continue to be in conformity with the objectives of this Board.

In order to minimize health and safety risks to student-athletes and maintain ethical standards, school personnel, coaches, athletic trainers, and lay coaches shall not dispense, supply, recommend, or permit the use of any drug, medication, or food supplement solely for performance-enhancing purposes. The Superintendent shall cause to be posted in all locker rooms in buildings that include students in any grade higher than the sixth grade, the following:

"Warning: Improper use of anabolic steroids may cause serious or fatal health problems, such as heart disease, stroke, cancer, growth deformities, infertility, personality changes, severe acne, and baldness. Possession, sale, or use of anabolic steroids without a valid prescription is a crime punishable by a fine and imprisonment."

The Superintendent shall develop appropriate administrative guidelines for the operation of the Athletic Program and a Code of Conduct for those who participate. Such guidelines should provide for the following safeguards:

- A. Prior to enrolling in the sport,
  - 1. each participant shall submit to a thorough physical examination by a District-approved physician;
  - 2. parents shall report any past or current health problems along with a physician's statement that any such problems have or are being treated and pose no threat to the student's participation.

- B. Any student who is found to have a health condition which may be life-threatening to self or others shall not be allowed to participate until the situation has been analyzed by a medical review panel that has determined the conditions under which the student may participate. The District shall assume no liability for any student with a health condition who has been authorized to play by the parents and their physician but not by the District.
- C. Any student who incurs an injury requiring a physician's care is to have the written approval of a physician prior to the student's return to participation.
- D. Any student practicing for or competing in an interscholastic event who exhibits signs, symptoms, or behaviors consistent with having sustained a concussion or head injury shall be removed from the practice or competition by the student's coach (and/or the referee serving during the practice or competition).

Any student who has been removed from practice or competition by a coach or referee because he/she has exhibited signs, symptoms, or behaviors consistent with having sustained a concussion or head injury shall not be permitted to return to any practice or competition for which the coach or referee is responsible until both of the following occur:

1. The student's condition is assessed by a physician or other health care provider authorized by the Board, in accordance with requirements set forth in R.C. 3313.539(E)(2), to assess such a student.
2. The student receives written clearance that it is safe to return to practice or competition from a physician or other health care provider authorized by the Board, in accordance with requirements set forth in R.C. 3313.539(E)(2), to grant a such a clearance.

The Superintendent is also to develop guidelines for ensuring that sportsmanship, ethics, and integrity characterize the manner in which the athletic program is conducted and the actions of students who participate. Such guidelines should include:

- A. criteria for judging these important qualities;
- B. procedures by which these values will be communicated to students, parents, and supporters;
- C. means for monitoring the behavior of each of these groups to ensure their behavior reflects high standards.

The guidelines should also provide a set of behavioral expectations for each type of participant as well as a Sportsmanship Code of Conduct which each type of participant is to follow. The Superintendent is authorized to implement suitable disciplinary procedures against those who violate this Sportsmanship Code.

Students will be further informed that participation in interscholastic sports is a privilege and not a right, and that they may be prohibited from all or part of their participation in such activities by authorized school personnel without further notice, hearing and/or appeal rights (See Policy 5610.05 - Prohibition From Extra-Curricular Activities).

In order to support the High School Athletic Association's program to strengthen sportsmanship, ethics, and integrity, the Board commits itself to:

- A. adopt policies (upon recommendation of the administration) which reflect the District's educational objectives and promote the ideals of good sportsmanship, ethics, and integrity;
- B. establish standards for athletic participation which reinforce the concept that athletic activities are a privilege, not a right;
- C. attend and enjoy school athletic activities, serving as a positive role model and expecting the same from parents, fans, participants, coaches, and other school personnel;
- D. support and reward participants, coaches, school administrators, and fans who display good sportsmanship;
- E. recognize the value of school athletic activities as a vital part of education.

R.C. 2305.23, 2305.231, 3313.53, 3313.535, 3313.539, 3313.5311, 3313.5312

R.C. 3313.752, 3315.062

Ohio High School Athletic Association

# STUDENT ELIGIBILITY REQUIREMENTS

## (ALL REQUIRED PAPERWORK WILL BE FILLED OUT ON FINAL FORMS EXCEPT FOR THE OHSAA PHYSICAL FORM)

1. **Physical Form** - Official OHSAA physical form must be on file in athletic office PRIOR to participation on the first official day of practice. Physical forms are good for one calendar year.
2. **FINAL FORMS**- online paperwork must be completed by both parent/guardian and student before participation of any kind. Final Forms is an electronic version of required paperwork.
3. **Emergency Medical Form – will be filled out on Final Forms**- Must be on file in athletic office PRIOR to participation for the first official day of practice and is good for one calendar year.
4. **Concussion Information Sheet** - Ohio Department of Health Concussion Information Sheet must be on file in athletic office PRIOR to participation on the first official day of practice.  
<http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury%20prevention/concussion/Interscholastic%20Concussion%20Form%20-%20ODH%20Revised%202.ashx>
5. **Extra-curricular Participation Contract** - Must be on file in the athletic office by the first official day of practice and is good for one calendar year.
6. **OHSAA Eligibility Checklist** - Must be on file in the athletic office by the first official day of practice. (Note there are separate forms for high school and 7<sup>th</sup> and 8<sup>th</sup> grade athletes.)  
<http://www.ohsaa.org/eligibility/EligibilityGuide.pdf>
7. **Dual Participation Agreement** - See page 23 for more information. Must be on file in the athletic office by the first official day of practice.
8. **School Fees** - Each athlete is responsible for paying her/his school fees in full or having a payment plan in place with the principal prior to the first contest.
9. **Parent Meeting** - Each athlete must have a parent or guardian attend an “Athletic Eligibility Meeting” with the Athletic Director or Administrator prior to the first contest. This meeting is required **once per year**. The dates and times of the meetings will be communicated to the athletes by the head coach. Parents with more than one athlete participating are only required to attend one meeting per year.



## **PARTICIPATION GUIDELINES**

**OUT-OF-SEASON** - Coaches have a right to establish a reasonable set of scheduled activities out-of- season, including the summer (prior to the first official day of practice), for participants and to encourage participation. Furthermore, they have the right to expect some reasonable amount of participation by prospective team/organization members throughout the off-season, including summer. Students must understand that off-season practice offers an excellent opportunity for individual improvement in skill level; however, coaches/directors must recognize that students may be faced with competing time demands. Therefore, such participation shall be considered voluntary. No penalties should occur as a consequence of non-participation. All coaches are urged to work together to coordinate schedules and limit conflicts as much as possible.

**MANDATORY PRACTICES** - Coaches/directors have the right to expect students to begin participation on the first officially scheduled day of in-season practice. Appropriate penalties may result from non-compliance. Students are expected to attend scheduled competitions/performances during holidays. Penalties shall be at the discretion of the coach/director and should be clearly stated in published team/organization guidelines and rules.

## **PRACTICE GUIDELINES**

1. No practices or competitions are to be scheduled on Sundays or on the following holidays: Thanksgiving Day, Christmas Eve, Christmas Day, Easter, or Good Friday without the permission of the athletic director. Students may observe their own religious days and holidays without penalty.
2. All practices should be concluded by 9:00 p.m.
3. Once the school year begins, any morning team practices for high school teams on school days must be approved by the administration.
4. The maximum number of middle school athletic contests on school nights permitted per week is two (any exception to this must be approved by the athletic director and/or middle school principal).
5. The following is a list of regulations for a snow day/early dismissal day due to weather conditions or other similar school closing:
  - a. No practices or contests for students without the approval of the athletic director.
  - b. Students missing a practice on a snow day will not be penalized. A calling list should be established by the coach/advisor for purposes of calling off or changing practice schedules.

6. Coaches/advisors should have a written practice plan and provide each participant with weekly or monthly calendars.
7. All athletes may take five consecutive days off before beginning practices for the next sport without facing any penalty. Exceptions to this rule may be approved by the athletic director upon affirmative consensus of the coach, parent, athlete, and trainer.

## **SQUAD SELECTION**

The following are guidelines and procedures that will be used when selecting a squad or participants in an activity:

1. It is appropriate for a coach/director to determine the size of an athletic team/performance group based on the criteria of talent and work ethic of those trying out, number of individuals trying out, and optimum number determined by the coach/director to conduct productive practices/rehearsals and to ensure adequate substitutes.
2. Prior to conducting the selection of the participants, the coach/advisor must communicate the following items to the participants:
  - The length of the selection period.
  - The procedure that will be used to select the participants.
  - The criteria that will be used in the selection process.
  - The minimum and maximum number of participants who will be selected.
  - The commitments that the participants will be obligated to perform if selected for the activity.
3. "Cut" lists should not be posted. Rather, a private conference should be held between the immediate coach/director and each candidate, during which the coach/director explains the reasons why the student did not make the team/performance group and suggests possible alternatives for improving skills or other possible activities.
4. If a player is cut from one team/program, that player MAY then join another team/program during the same season if the opportunity falls within all other rules regarding joining teams in the Circleville Athletic Policy; however, if said player makes a team where tryouts occurred (i.e.: a spot on the team was kept for this player) and then chooses to quit, he/she may not participate in another sport/program during the same season

# ACADEMIC REQUIREMENTS

The purposes of these rules and regulations are:

1. To establish minimal scholarship expectations for student participation in extra-curricular activities.
2. To provide for maximum communication between parents, students, teachers, and coaches in a “team” effort to promote academic achievement.  
The Circleville City School District establishes excellence as a standard and strives to maintain an appropriate balance between academics, athletics, and extra-curricular activities. It is important that students meet the following academic requirements:

## A. OHSAA Regulations

1. All beginning seventh graders are eligible in-so-far as the scholarship by-law.
2. All beginning ninth graders must have passed a minimum of five of all subjects in which enrolled the immediately preceding grading period.
3. Eligibility for each grading period is determined by grades received the preceding grading period. Semester and yearly grades have no effect on OHSAA eligibility.
4. Grades 9-12: To be eligible, a student-athlete must be currently enrolled in a member school and have received passing grades in a minimum of five one-credit courses, or the equivalent, in the immediately preceding grading period (Note: Students taking post-secondary options must comply with these standards).
5. Grades 7-8: To be eligible, a student-athlete must be currently enrolled in a member school and have received passing grades in a minimum of five of all subjects in which enrolled the immediately preceding grading period.
6. For eligibility, summer school grades may **not** be used to substitute for failing grades received in the final grading period of the regular school year or for lack of enough courses taken the preceding grading period.

NOTE: “Grading period” is defined as your school’s board-adopted calendar. In most school districts, this is a nine-week period, while some districts use six- or twelve-week periods or semesters. It should also be noted, however, that interim, bi-weekly or weekly evaluations are not considered “grading periods” and restoration of eligibility is NOT permitted after such evaluations.

## B. Circleville Regulations

1. Each student must meet the OHSAA standards listed above.
2. Students must maintain minimum grade point averages each nine weeks to be eligible for the next nine weeks. The grading period G.P.A. needed to maintain eligibility is as follows:  
Middle School      1.0

Freshmen	1.0
Sophomore	1.25
Junior	1.50
Senior	1.75

3. Mid-term checks of student grades will be made. A student with a “D” or “F” in any course will be assigned to study table for the remainder of the grading period. A HS student must attend two assigned study table sessions per week, while a MS student is only required 1 study table per week.
4. A student with an “F” on the grade card and achieving the required G.P.A. must meet the OHSAA guidelines and attend study table with the standard rules of study table applying.
5. A student not achieving the minimum G.P.A. or receiving more than one “F” on the grade card must meet the OHSAA guidelines and can request a waiver to participate. The waiver requires the student to attend study table for one grading period. A student can request a waiver one time during her/his high school career. A middle school student can request one waiver during her/his middle school career.

This policy applies to all students participating in interscholastic extra-curricular activities.

### **C. Administrative Procedure**

1. Mid-term eligibility begins at the end of the fourth week of each nine week grading period (the fifth Monday) and extends throughout the remainder of the nine week grading period.
2. If a student’s cumulative nine week grade in any class is “D” or “F” on an interim report check, she/he will be placed in an after school study table. The student shall remain in study table until a grade of a “C” or better is earned on the next report card.
3. If a student receives a “D” or “F” on his/her 1st, 2nd, or 3rd nine week grade card, she/he will be placed in study table, unless ineligible by OHSAA standards. The student shall remain in study table until a grade of a “C” or better is earned at the next interim report. EXCEPTION: For a semester class, use only the OHSAA standard for the 2nd nine week grade. If a student is ineligible by OHSAA standards and wishes to remain in good standing with the team, it is suggested they still attend study sessions.
4. CHS (9-12) athletes will be required to attend 2 hours per week. EMS (7-8) students will be required to attend 1 hour per week. During this week the student may practice and play.
5. If the after school study session requirements are not met, a student will be ineligible for all contests at all levels in that sport until two regular season/tournament contests are played (one contest, football). Any

missed sessions resulting in suspension will be required to be made up the following week. Student may be excused from missing a study table due to rare circumstances (ex. rescheduled game, etc.) at the discretion of athletic director.

6. A student is required to attend study sessions according to the above mentioned policy until the last contest of the season.
7. This extra-curricular policy for student activities is in effect for an entire season which is from the first official practice until the final contest of season.
8. The Superintendent or designee may make a student eligible if she/he determines a failing grade is due to sickness or medical reasons.

## **PARENT MEETINGS**

**Parents have the right to discuss issues involving their child with a coach/advisor. This discussion should take place under the following conditions -** Concerns should not be raised before, during or immediately following a contest. An appointment should be made with the coach/director directly or through the athletic director. Parents should not attempt to address issues without an appointment. The following is the chain of command to address an issue:

1. Assistant Coach (of the student-athlete's team)
2. Head Coach (of the student-athlete's team)
3. Athletic Director
4. Building Principal
5. Superintendent

Appropriate concerns to discuss with the coach/advisor:

- the treatment of the child, mentally and physically
- skill improvement and development
- concerns about the child's behavior, grades, physical or mental status

Inappropriate concerns to discuss with the coach/advisor:

- playing time
- team strategy/play calling
- discussion of other athletes/performers

If the coach/advisor's response is not deemed satisfactory, parents may contact the athletic director and continue to follow the chain of command as defined in this policy. The decision of the superintendent is final.

Parents should expect the following from coach/advisor:

- schedule of practices and contests
- coach's philosophy

- expectations for all players
- special requirements for team membership such as special equipment, fees, etc.
- notification when a child is injured during participation
- communication for any disciplinary action that results in removal from participation

## **ATTENDANCE POLICY (MSL POLICY)**

Tardiness or absence from school on the day of OR the next school day after a meeting, performance or contest may eliminate the student from participation in the next activity. The absence may be excused for medical appointments or other extenuating circumstances. The principal, assistant principal or athletic director are authorized to approve an absence or tardy for extenuating circumstances.

\*Students must be in attendance on the Friday (prior) to participate in weekend events and on Mondays following weekend events.

## **QUITTING POLICY**

1. Any athlete not completing a season for any reason upon official start of said season (first official contest) will not be permitted to practice/condition with another team in that same season until the previous team the athlete quit has completed its season (final contest).
2. During the sports season, the high school and middle school team activities shall take precedence over all select, outside, or out-of-season athletic programs.
3. Students who have not completed the season due to disciplinary reasons, academic ineligibility, or quitting the squad/team will NOT receive awards, including their varsity letter, at the end of the season.
4. Any student quitting a sport is held to the same equipment responsibilities as all other student-athletes. Equipment must be returned in proper condition to the coach within one week of quitting or student will be held financially responsible.

**\*For these purposes, the official start of the season is the first contest and the official end of the season is the last contest except in a situation where cuts are made, therefore the official start of the season would be when the roster is submitted to the Athletic Director.**

## **OFF-SEASON / CLUB PLAY**

Coaches and directors may not prohibit participation in outside-of-school activities, so long as their schedules do not conflict with the extra-curricular activity of the school and the participation is allowed as per **OHSAA rules - “Club or recreational play is prohibited by OHSAA rules during the competitive school season in the same sport.”** It is permissible for a coach or director to explain the possible harmful effects of certain out-of-school activities during a season.

Coaches/advisors should support other school programs and encourage students to participate in them and not encourage students toward club activities outside of school that may deter the student from school participation.

The OHSAA has guidelines restricting the number of players from school teams that may compete together in the off-season. Refer to OHSAA website for more info.

## **DEAD WEEK**

It is a policy of the CCS Athletic Department that the first week of July each year will be known as “Dead Week.” During this week there will be no athletic related activities taking place throughout the district. Coaches are not permitted to schedule any functions for their respective teams. This is a time for athletes to rest, go on vacation and enjoy time with their families.

## **DUAL PARTICIPATION**

Students may participate in activities that run concurrently during the sports seasons. A conflict occurs when two activities in which the student participates in are scheduled at the same time; therefore, the following guidelines will be implemented in these situations:

1. A meeting is held with the student, parents, coach/advisors involved, and athletic director to discuss the situation before any activities begin.
2. All potential conflicts should be presented by coach/advisors. All parties should try to solve conflicts amicably.
3. The student will designate the activity/sport that is her/his first priority in case of conflicts by completing the Participation Agreement Form in this policy. This designation must occur before the activity/sport season occurs and cannot be changed during the season.

4. The student and parents need to understand designating an activity/sport as a first priority can and most likely will have an effect on their participation in their secondary selection.
5. Sports and activity competition schedules are set many months in advance and are virtually impossible to change and reschedule. Checking sports and activity schedules in advance can help alleviate potential problems.  
(See attached required form in the Form Section)

## **SUBSTANCE ABUSE POLICY**

**Note: Participation in extra-curricular activities is a privilege, not a right.** The penalty of exclusion from an activity is separate and apart from those provided in this policy with respect to regular instruction. The provisions found in this policy are intended to be minimums. Coaches may determine additional rules and consequences to be followed by athletes. These additional rules will be distributed to athletes and their parents. Student athletes shall conduct themselves in a manner that reflects good citizenship. Any behavior that results in dishonor to the participant, her or his team, or her or his school, will not be tolerated. Acts of unacceptable conduct, both on and off school premises, include but are not limited to theft, vandalism, manifest disrespect, violation of the law, or any violations of the Student Code of Conduct.

### **A. Using or Possessing Tobacco; Using or Possessing or Being Under the Influence of Drugs, Intoxicants, Alcohol, and Look-a-likes, including e-cigarettes and vape pens**

Any student using or possessing tobacco/tobacco products or using, possessing or being under the influence of alcohol, harmful intoxicants, controlled substances, counterfeit controlled substances, or other mood-altering chemicals, shall be suspended from extra-curricular activities.

#### **First Violation**

The first violation will result in a restriction from extra-curricular participation for 10% of the scheduled athletic contest/activities in which the athlete/individual is participating. The penalty will be served beginning with the next scheduled contest or activity. The suspended student must follow all rules and requirements of the activity. Students may practice with their team while serving the length of suspension of violation of the Substance Use and Abuse Policy. Students suspended from school may not practice during the period of out-of-school suspension.

- If the student refers herself/himself, or a parent/guardian refers their daughter/son, the punishment will be different. The student will have an assessment session by a Certified/Approved Agency (see listing for



acceptable agencies) with her/his parent/guardian and follow through with its recommendations, but there will not be any suspension. Results of this assessment will be provided to the coach, athletic director and principal. Refusal or failure to follow the assessment's recommendations will result in the student serving the suspension.

The above referral must be initiated by the student or parent/guardian prior to an alleged violation of the Substance Use and Abuse Policy being reported. This referral may not be used as a means for a first-time user to avoid consequences of her/his behavior. Self-referrals may be used only one time during an athlete's high school career. Please note that although you are not being suspended from competition this is considered your first violation of the Substance Use and Abuse Policy. Another violation of this policy in the future will be considered a second violation.

### **Second Violation**

The second violation will result in the athlete/individual being suspended from all sports/activities for one calendar year from the date of the second offense.

### **B. Selling or Distributing Drugs, Intoxicants, Alcohol, and Look-a-likes**

Any student selling or distributing alcohol, non-alcohol beer or wine (on school property or at any school sponsored/sanctioned activity), tobacco, harmful intoxicants, controlled substances, counterfeit controlled substances, or other mood-altering chemicals, shall be suspended from participation in extra-curricular activities.

### **First and Subsequent Violation**

- If the student obtains an assessment by a Certified/Approved Agency and follows through with the recommendations, she/he will be restricted from all extra-curricular participation for one calendar year. A copy of the assessment and follow-up activities must be furnished to the athletic director and principal.
- If the student does not obtain an assessment or does not follow through with the assessment recommendations, she/he will be restricted from all extra-curricular participation for the remainder of her/his school career.

## **TRANSPORTATION TO AWAY EVENTS**

The District will provide transportation to and from activities outside the district whenever possible. All participants are to travel to and from away contests on transportation approved by the school district. Coaches/advisors are strongly urged to have participants return home in transportation provided by the district; however, if approved by the coach/advisor a student may return home from a contest only with a legal parent/guardian if said parent/guardian makes personal contact with the coach/advisor following the contest and signs off on the district's responsibility for the student

## **ATHLETIC TRAINER**

Circleville student athletes are fortunate in the fact that the athletic department has an athletic trainer on staff provided by Berger Health. When injured, our student athletes are encouraged to visit our trainer for an evaluation and treatment of their injury. The training room is open immediately after school, and the trainer is on duty until the last contest of the day is completed. During the fall and spring the trainer will be stationed in the Berger Fieldhouse, and during the winter, the trainer will be stationed in the training room behind the high school gym.

**Rob Snow, ATC**  
**Athletic Trainer**  
[rob.snow@cvcsd.com](mailto:rob.snow@cvcsd.com)

## **EQUIPMENT RESPONSIBILITIES**

Equipment issued to students as part of an extra-curricular activity must be returned in its original condition allowing for normal wear. All equipment issued must be returned or paid for within one week following the activity's conclusion.

Unauthorized possession or failure to pay for lost equipment will result in a denial of any awards or recognition and participation in all future extra-curricular activities until payment is made or the equipment returned. Settlement to the board of education or athletic department/team responsible for equipment will be made for the replacement cost of the article.

## **AWARDS**

1. A student-athlete must complete the season in good standing to receive her/his award(s).
2. A student-athlete who becomes injured before meeting the criteria for awards may receive the award with the approval of the head coach and the athletic director. Criteria for earning a varsity letter may vary by sport and are available in the athletic director's office. Typically, to earn a varsity letter requires playing time in half of the contests – (quarters/halves/meets) a player is available (not sick or injured).

3. A senior who has been a four-year participant may receive an award even though the requirements may not have been met.
4. Special awards (i.e.: league champions, state qualifier, state finalist patches, etc.) may be ordered by the athletic director at his/her discretion.
5. Student-athletes' attendance at the awards ceremony is mandatory in order to receive an award (barring extenuating circumstance such as legitimate illness, family emergency, and is at discretion of athletic director and principal).
6. Academic All-League- any student earning a varsity letter and has achieved a 3.5 Accumulative, weighted GPA shall be eligible to earn Academic All-MSL
7. Scholar Athlete Plaque- graduating seniors who have earned at least 6 Varsity letters and a cumulative weighted GPA of 3.0 or better.

## **COACH, PARENT RELATIONSHIP / 24-HOUR RULE**

Coaches and parents must have an open and honest relationship because each is directly involved in the athletes who are the center of the athletic program. This relationship should be characterized by the following standards:

1. Coaches will schedule a meeting with all the athletes' parents at the beginning of the season and explain all rules, procedures, games and practice schedules, and other information the parents will need in order to help their student/athlete meet his/her obligations to the team. (Parents who cannot meet with the coach should make alternate arrangements)
2. Coaches will explain such rules and other information to parents when they need clarification. However, coaches will not meet with parents during a practice, a game, or other times when the coach has a duty of care for other students or athletes.
3. Coaches should seek to be as cooperative as possible with parents when the parents have questions concerning the type of information referred to above. However, no coach should be subjected to questions and criticisms from parents concerning starting line-ups play calling, skill techniques, playing time, and other items that by their very nature can only be determined by the objective and/or subjective judgment of the head coach.
4. Athletes and Parents should utilize the "chain-of-command" as it relates to parent- coach communications. Whenever possible, athletes and parents should address questions and concerns at the lowest level first before channeling

communications upward. Every effort should be made to resolve issues at the lowest level first, i.e....with the head coach.

The chain-of-command will be:

1. Head Coach
2. Athletic Director
3. Principal
5. Superintendent
6. Board of Education

5. **24 HR Rule: Due to the highly intense situations that game days create, parents should wait 24 hours before talking to a coach about game related matters.**

Open and honest communication between coach and parent that follows the principles above will lead to good relationships between parent, coach and athlete.

## **SOCIAL MEDIA** **RESPONSIBILITY**

Sportsmanship extends to the social media environment as well. Students, coaches, and fans should not engage in derogatory exchanges over the Internet, text messages, or other avenues. Such actions are strictly prohibited and will be treated in the same way as unsportsmanlike behavior at an athletic contest.

### Guidelines/Policies for Student Athletes

Facebook, Twitter and other social media sites have increased in popularity globally, and are used by the majority of student athletes here at Circleville in one form or another. Student athletes should be aware that third parties - - including the media, faculty, future employers and OHSAA officials - - could easily access your profiles and view all personal information. This includes all pictures, videos, comments and posters. Inappropriate material found by third parties affects the perception of the student-athlete, the athletic department and the School District. This can also be detrimental to a student-athletes future enlistment, collegiate enrollment and employment options.

Examples of inappropriate and offensive behaviors concerning participation in online communities may include depictions or presentations of the following:

- Photos, videos, comments or posters showing the personal use of alcohol, drugs and tobacco e.g., no holding cups, cans, shot glasses etc.
- Photos, videos, and comments that are of a sexual nature. This includes links to websites of a pornographic nature and other inappropriate material.
- Pictures, videos, comments or posters that condone drug-related activity. This includes but is not limited to images that portray the personal use of marijuana and drug paraphernalia.

- Content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual or entity (examples: derogatory comments regarding another institution; taunting comments aimed at a student-athlete, coach or team at another institution and derogatory comments against race and/or gender). No posts should depict or encourage unacceptable, violent or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, illegal drug use).
- Content online that would constitute a violation of Circleville City School rules.

If a student athlete's actions on social media are found to be inappropriate in accordance with the previously stated behaviors, he/she may be subject to the following penalties:

1. Written warning
2. A meeting with Director of Athletics and/or Head Coach
3. Penalties as determined by the athletic department, including but not limited to possible suspension and/or removal from his/her athletic team.

For your own safety, please keep the following recommendations in mind as you participate in social media websites:

- Set your security settings so that only your friends can view your profile.
- You should not post your email, home address, local address, telephone number(s), or other personal information as it could lead to unwanted attention, stalking, identity theft, etc.
- Be aware of who you add as a friend to your site – many people are looking to take advantage of student-athletes or to seek connection with student-athletes.
- Consider how the above behaviors can be reflected in all Facebook applications.

If you are ever in doubt of the appropriateness of your online public material, consider whether it upholds and positively reflects your own values and ethics as well as the Circleville Athletic Department's and the School District's. Remember, always present a positive image and don't do anything to embarrass yourself, the team, your family or the School District.